





# PEDIATRIC FIRST AID | CPR AED

The purpose of the HSI Pediatric First Aid | CPR AED training program is for participants to gain or improve knowledge and skill proficiency in First Aid, CPR, and AED skills.

- ✓ HSI Pediatric First Aid | CPR AED has been approved by the HSI Medical Advisory Board and reviewed by the HSI Advisory Council.
- Reflects the latest resuscitation science and treatment recommendations published by the International Liaison Committee on Resuscitation (ILCOR).
- Conforms with the 2020 American Heart Association (AHA) Guidelines Update for CPR and ECC and the annual Guidelines Update.

#### Intended audience

The intended audience is individuals who are not healthcare providers or professional rescuers who desire, or are occupationally required, to be trained and certified in pediatric first aid and/or CPR AED for the child, infant and adult.

#### **Class options**

- · Child and Infant
- · Child, Infant, and Adult

#### **Delivery options**

- Traditional Classroom
- Blended Learning
- Remote Skill Verification (RSV)

#### Instructional elements

- HSI Pediatric First Aid | CPR AED Skill Guide (one per participant)
- HSI Pediatric First Aid | CPR AED Instructor Guide (one per instructor, print or digital)
- HSI Pediatric First Aid | CPR AED media presentation (program video, or computer/online blended class)

#### Online portal

- Streaming/Offline video presentation player
- · Create custom playlists
- Pre-built digital Performance Evaluations
- · Track past, present and future classes

#### **Certification period**

• 2 years from month of issue

#### Student certification requirements

- Written evaluation: Required when specified by organizational, local, or state regulation. It is recommended for designated responders with a duty or employer expectation to respond in an emergency and provide first aid care.
- Performance evaluation: All students must perform required skills competently without assistance.

## Recommended time to complete

- Pediatric First Aid | Child, Infant, and Adult CPR AED: 4 6 hours
- Child, Infant, and Adult CPR AED: 1 1/2 3 hours
- Pediatric First Aid: 3 4 hours









### **Class topics**

- · Child and Infant Cardiac Arrest
- Adult Sudden Cardiac Arrest (SCA)
- Child, Infant, and Adult:
  - Assessment & Chest Compressions
  - Adult Rescue Breathing & Using a CPR Mask
  - Using an AED
  - One-Provider CPR AED
  - Suspected Opioid-Associated
    Emergency
  - Relief of Choking
- First Aid Assessment
- Drowning

- Severe, Life-Threatening External Bleeding
- Shock
- Minor Wounds
- Tooth and Eye Injuries
- Bleeding from the Nose
- Impaled Objects
- Amputation
- Internal Bleeding
- Open Wounds
- Head, Neck, or Spinal Injury
- Concussion
- Shaken Baby Syndrome

- Bone, Joint, and Muscle Injuries
- Burns
- Altered Mental Status
- Poisoning
- Difficulty Breathing and Asthma
- Severe Allergic Reaction
- Seizure
- Diabetes and Hypoglycemia
- Presyncope and Syncope
- Heat and Cold Emergencies
- · Bites and Stings